Track: 2017-09-23 Picco Italia e Bicchero	**IBP = 110 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	16.11 Km
Analyzed distance	16.11 Km
Lineal distance	0.04 Km

Accumulated climb	1133.27 m
Accumulated descent	1082.09 m
Maximum height	2158.65 m
Minimal height	1085.95 m
Climb rate	14.6 %
Descent rate	13.5 %
Positive climb difference per	70.35 m
Negative descent difference per	67.17 m

Total time	8:14:06 h
Time in movement	5:38:57 h
Stopped time	2:35:09 h

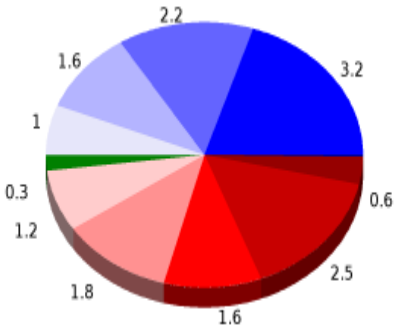
Total speed average	1.96 Km/h
Average speed in movement	2.85 Km/h
Maximum held speed	6.54 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	4224 (cad. 3.81 m)
Significant points	505 (cad. 31.95 m / 11.96 %)
Aberrant points	703 (16.64 % d. total)

Direction changes per	18.99
Direction changes >5° per	14.65
Accumulated straight stretches	1.4 Km
Straight stretches per	86.9 m
Penalizables slope changes	5
Penalizables slope changes per	0.31

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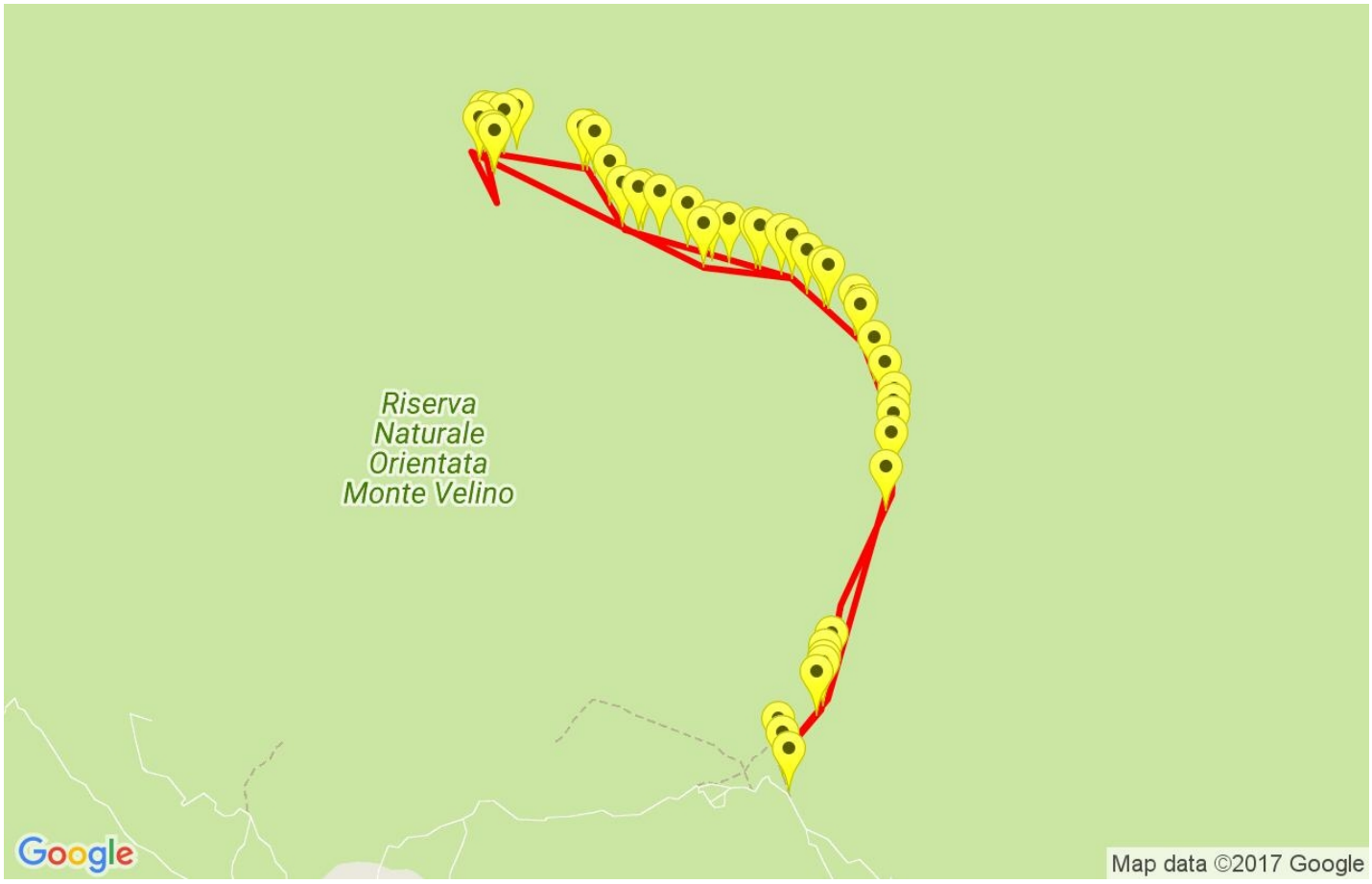
Summary of slopes

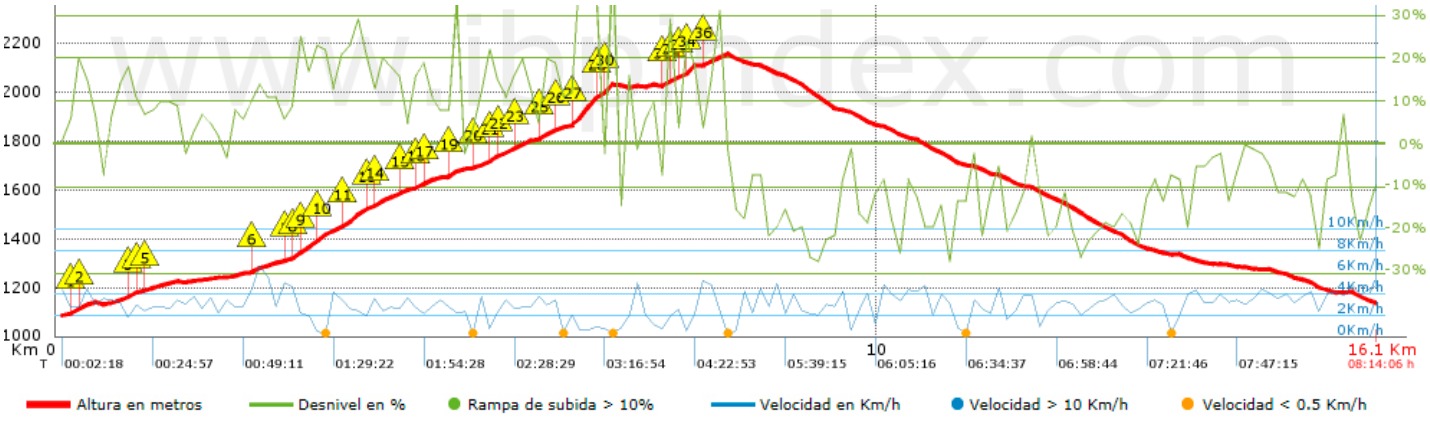


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.577	3.59	2.22	0:15:38
	Between 15 and 30%	2.49	15.46	2.48	1:00:08
	Between 10 and 15%	1.631	10.13	2.62	0:37:22
	Between 5 and 10%	1.845	11.45	2.53	0:43:40
	Between 1 and 5%	1.219	7.57	3.57	0:20:30
	Total :	7.763	48.2	2.63	2:57:18
	Plain				
	Difference of 1%	0.326	2.02	2.79	0:07:00
	Breakdown descents				
	Between 1 and 5%	0.995	6.18	3.75	0:15:55
	Between 5 and 10%	1.591	9.88	3.57	0:26:46
	Between 10 and 15%	2.186	13.58	2.9	0:45:14
	Between 15 and 30%	3.211	19.94	2.91	1:06:16
	Between 30% and 55%	0.034	0.21	4.33	0:00:28
	Total :	8.016	49.77	3.11	2:34:39
	Total track :	16.11	100 %	2.85	5:38:57

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.165	18 %	128 m
 2	0.293	15 %	98 m
 3	0.833	21 %	94 m
 4	0.927	11 %	34 m
 5	1.055	11 %	95 m
 6	2.371	13 %	260 m
 7	2.765	11 %	93 m
 8	2.858	26 %	96 m
 9	2.955	23 %	252 m
 10	3.207	18 %	221 m
 11	3.428	23 %	309 m
 12	3.737	21 %	34 m
 13	3.771	15 %	98 m
 14	3.869	17 %	282 m
 15	4.151	22 %	31 m
 16	4.342	17 %	161 m
 17	4.504	16 %	95 m
 18	4.761	18 %	30 m
 19	4.791	25 %	95 m
 20	5.074	12 %	157 m
 21	5.231	25 %	97 m
 22	5.328	15 %	201 m
 23	5.529	16 %	218 m
 24	5.873	14 %	35 m
 25	5.908	20 %	130 m
 26	6.038	12 %	222 m

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27	6.26	37 %	303 m
28	6.563	18 %	121 m
29	6.684	34 %	30 m
30	6.714	41 %	60 m
31	7.36	18 %	124 m
32	7.484	13 %	100 m
33	7.647	36 %	99 m
34	7.86	16 %	31 m
35	7.89	17 %	164 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	2485.265	15.43	0:50:59	2.92	1:33:29	2:24:28	1.03
1750	2890.687	17.95	1:08:06	2.55	0:22:11	1:30:17	1.92
1500	3444.053	21.38	1:16:53	2.69	0:16:57	1:33:50	2.2
Total :	8.82 Km	54.77 %	3:15:58 h	2.7 Km/h	2:12:37 h	5:28:35 h	1.61 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.147	0:18:29 > 10´	1384	1:07:51	1:07:51	3.147
4.978	0:05:04	1687	2:08:31	1:00:40	1.831
5.168	0:02:47	1702	2:16:35	0:08:04 < 10´	0.19
6.101	0:04:36	1849	2:41:37	0:25:02	0.933
6.321	0:08:19	1884	2:53:51	0:12:14	0.22
6.563	0:02:30	1978	3:12:21	0:18:30	0.242
6.654	0:27:27 > 10´	1999	3:16:54	0:04:33 < 10´	0.091
7.297	0:02:33	2032	4:00:31	0:43:37	0.643
7.618	0:09:22	2067	4:10:53	0:10:22	0.321
8.116	0:57:48 > 10´	2157	4:29:14	0:18:21	0.497
9.634	0:03:05	1919	5:55:18	1:26:04	1.518
10.939	0:09:06	1717	6:22:25	0:27:07	1.305
13.459	0:04:03	1343	7:25:38	1:03:13	2.52
Total :	2:35:09 h				

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